

TOUCH FOOTBALL RETURN-TO-PLAY PROTOCOLS FOR PLAYERS, COACHES, PARENTS & SPECTATORS

PLAYERS, COACHES AND SPECTATORS ARE ENCOURAGED TO ADOPT THE Get In. Play and Get Out. APPROACH.

In addition, the following are the minimum requirements for everyone to consider at Touch Football competitions:

- Remain at home if feeling unwell
- If you are a member of a high-risk category, reconsider your participation in Touch Football
- Download the [*COVIDSafe app*](#) and ensure it's functional while at the venue
- Prior to attending, assess if you are essential to the delivery of the game – spectators must be kept to a minimum at all times to assist with social distancing
- Prior to your game, review game time and venue info to reduce your time at the venue
- Make sure you arrive at the venue ready to play
- Upon arrival and prior to participating in a match, ensure you have thoroughly washed or sanitised your hands with products provided at the fields
- Avoid the use of changerooms, bathrooms and communal areas
- Cover your mouth with your elbow to cough or sneeze
- Avoid touching your face
- Do not spit or clear your nasal passages
- Maintain social distancing by avoiding team huddles and congregating in groups before, during or after your match
- No communal team water bottles or shared items such as jerseys, bibs or towels
- Avoid unnecessary contact with other participants, such as high-fives, handshakes and hugs
- Shower at home instead of at the venue
- Wash and disinfect footballs, cones and any other equipment before and after training and matches
- Complete tasks at home wherever possible, such as meetings or recovery sessions
- Parents/guardians, please limit drop-off and pick-up to only one parent/guardian and other dependents as required and necessary
- Spectators are not encouraged. Supervision of minors must be done from one's own vehicle, if possible. If not, social distancing is required at all times

If you are tested for COVID-19, immediately notify your Competition Administrators and email coronavirus@touchfootball.com.au to inform TFA



Developed by TFA in conjunction with Dr Paul Griffin,
Director of Infectious Diseases at Mater

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Read Touch Football's detailed safe return-to-play protocols at
www.touchfootball.com.au/coronavirus-return-to-play

